

Patient-Centered Solutions to Addressing Alternate Level of Care*

*clinical designation that identifies patients who are cleared for discharge but unable to leave the hospital due to a lack of availability of a more suitable or preferred care setting.

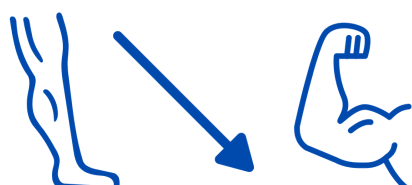
~17% of hospital beds in Ontario are occupied by ALC patients [1].



50% of older adults experience functional decline during hospitalization [6].



~3% of muscle strength is lost for each day hospitalized [7].



Patients & caregivers experience poor communication and a drastic decline in care [2-5].

30 DAYS is the median length of stay for ALC patients [6].



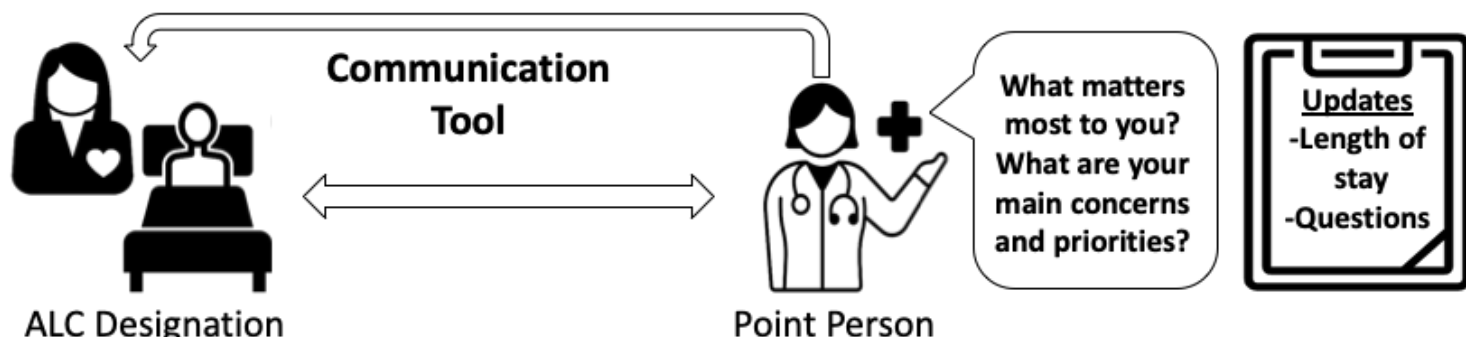
\$2.5M

is the daily cost of ALC per day in Ontario [8].



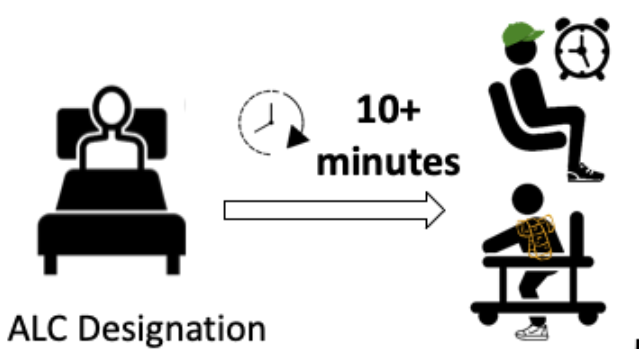
A Plan Forward: An Alternate Level of Care Plan

Communication*



First 24 hours of ALC designation, then once per week until discharge

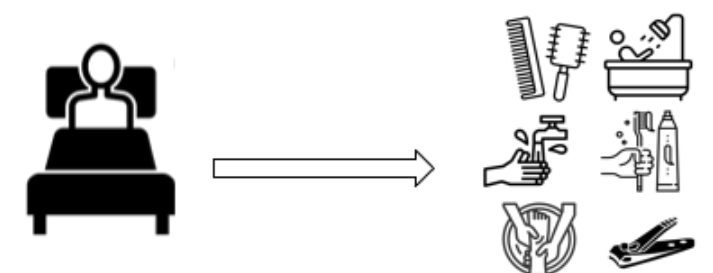
Areas of Care*



Physical Activity – once per day



Psychosocial Support – 3 times per week



Personal Hygiene – 5-7 times per week

*Components are consistent with the principles and five domains of senior friendly care.

For more details, please see our [publication](#) and visit our [website](#).
Infographic created by the ALC Patient and Caregiver Advisory Council and generously funded by the following organizations:

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References

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